Given an integer array with **even** length, where different numbers in this array represent different **kinds** of candies. Each number means one candy of the corresponding kind. You need to distribute these candies **equally** in number to brother and sister. Return the maximum number of **kinds** of candies the sister could gain.

**Example 1:**

**Input:** candies = [1,1,2,2,3,3]

**Output:** 3

**Explanation:**

There are three different kinds of candies (1, 2 and 3), and two candies for each kind.

Optimal distribution: The sister has candies [1,2,3] and the brother has candies [1,2,3], too.

The sister has three different kinds of candies.

**Example 2:**

**Input:** candies = [1,1,2,3]

**Output:** 2

**Explanation:** For example, the sister has candies [2,3] and the brother has candies [1,1].

The sister has two different kinds of candies, the brother has only one kind of candies.

**Note:**

1. The length of the given array is in range [2, 10,000], and will be even.
2. The number in given array is in range [-100,000, 100,000].